TIME TABLE-SESSION 2026-27
Department of Physical Education
BSNVPG College,Lucknow

Day	11:00–11:45AM	11:45–12:30PM	12:45–01:45PM	02:00–03:00PM
Monday	Sem-I Theory Essentials of Physical Education Classroom-	Sem-III Theory –Scientific Basis of Physical Education Classroom -	Sem-I Practical – Field 1	Sem-III Practical – Field 2
Tuesday	Sem-III Theory – Scientific Basis of Physical Education Classroom-	Sem-I Theory Essentials of Physical Education Classroom-	Practical – Field 1	Practical – Field 2
Wednesday	Sem-I Theory Essentials of Physical Education Classroom-	Sem-III Theory – Scientific Basis of Physical Education Classroom -	Practical – Field 2	Practical – Field 1
Thursday	Sem-III Theory Scientific Basis of Physical Education Classroom -	Sem-I Theory Essentials of Physical Education Classroom-	Practical – Field 2	Practical – Field 1
Friday	Sem-I Theory Essentials of Physical Education Classroom	Sem-III Theory Scientific Basis of Physical Education Classroom	Practical – Field 1	Practical – Field 2
Saturday	Sem-III Theory Scientific Basis of Physical Education Classroom	Sem-I Theory Essentials of Physical Education Classroom	Practical -Field 2	Practical – Field 1

Head of Department
Physical Education
BSNV College, Lucknow